



## BOMBAY POTATOES

Heat Rating: Medium

Serves 4 (as a side dish)

### Ingredients:

- 1.5 tablespoons of Mama Dor's Bombay Potatoes spice blend
- 3 large potatoes, peeled and chopped roughly into medium chunks
- 1 tablespoon extra-virgin olive oil

### Method:

Add the potatoes and olive oil into a deep-frying pan and stir well. Cook on a high heat, stirring regularly for five mins. Add the Mama Dor's spice blend and give it a good stir. Cover and turn the heat down. Leave to cook slowly for about 20-30 mins, until the potatoes are cooked through. Stir occasionally to avoid the potatoes sticking. Enjoy as a side dish, or as a light lunch with warm chapatis.

### Alternative uses:

This blend will work beautifully with most vegetables. Substitute the potatoes for okra & onions, mushrooms, courgettes, peppers or sweet potatoes

Mama Dor's Kitchen  
[www.mamadorskitchen.co.uk](http://www.mamadorskitchen.co.uk)  
[hello@mamadorskitchen.co.uk](mailto:hello@mamadorskitchen.co.uk)  
07834 117272  
[fb.me/mamadorskitchen](https://fb.me/mamadorskitchen)